

# **CAREY'S 18<sup>th</sup> BLUE DEVIL RELAYS**

## **1<sup>st</sup> Blue Devil Relays at the New Track & Field**

### **April 1, 2017**

**Arlington, Arcadia, Carey, Hopewell-Loudon,  
North Baltimore, Tiffin Calvert, Riverdale, Van Buren**

**Starting times: 10am field events— 12 noon running events**

Tricia Nash, Carey's girls head Coach

Rick Baldridge, Carey's boys head Coach

Again this year we will be using the **Baumspage online entry system**. The entry window will open on March 22nd at 7:00 am and the window will close on March 30<sup>th</sup> at 7:00 pm. **Coaches** when entering the Freshmen mile race use the event 1600 meter 9<sup>th</sup> and when entering Freshmen Medley use Sprint Medley B. The Mile races are 30' 9" longer then a 1600 meter race.

Upon arriving at Carey's new track & field (**located just south of the new high school**) your teams can be drop off just outside of the north end of the track. Coaches can go to the **field house** and make corrections and changes to your entries.

1. Coaches meeting at 9:15 in the field house at northwest corner of the track.
2. Long Jump, Triple Jump, shot, discus participants will be given 4 attempts.
3. High jump and pole vault has priority over other field events.
4. **10am** - girls high jump, boys to follow,  
boys long jump (open pit 10:00 to 11:00), girls long jump (11:15 to 12:15)  
boys and girls triple jump to follow long jump  
boys discus, girls to follow  
girls shot, boys to follow  
girls pole vault, boys to follow
5. **12:00** - boys distance medley (800, 400, 1200, 1600), girls to follow - 1 heat each  
boys shuttle hurdles, girls to follow - 2 heats each  
boys 4x100 meter relays, girls to follow - 1 heat each  
boys **freshmen MILE (1760 yds.)** 2 runners per school, girls to follow - 1 heat each  
boys **The MILE (1760 yds.)** 2 runners per school, girls to follow - 1 heat each  
boys freshmen medley (100, 100, 200, 400) girls to follow - 1 heat each  
boys sprint medley (100, 100, 200, 400) girls to follow - 1 heat each  
boys Throwers relay (4x100) girls to follow - 1 heat each  
**Officials break**  
boys 4x800 meter relays, girls to follow - 1 heat each  
boys 4x200 meter relays, girls to follow - 1 heat each  
boys 4x400 meter relays, girls to follow - 1 heat each
7. Scoring will be 10-8-6-5-4-3-2-1
8. Trophies to the 1<sup>st</sup> and 2<sup>nd</sup> place boys and girls team.
9. Camps should be set up outside the fence of the track.
10. Bullpen will be just south of the stadium.
11. Concessions will be available at the north end of the track.
12. Awards (1<sup>st</sup> thru 3<sup>rd</sup> place) can be pick-up in the **TBD**.
13. A full team in a field event is 3; if there is only 1 or 2 on a team they can still compete in the field event and figure in the scoring.
14. No spikes are to be worn in the bleachers.
15. Be sure to check your implements at the throwing site before 9:30am.
16. No one is to walk between the discus and shot put areas.
17. You can bring your own starting blocks. Please have a holder when using blocks.
18. If you have any questions call 419-722-0559.